



Horse Power

Therapeutic Horsemanship at Pony Farm

Horse Power is a Nationally Accredited Premier Therapeutic Riding Center founded in 1988 which provides Therapeutic Riding, Farm and Animal Assisted Activities to children and adults with physical, developmental, emotional or learning challenges.

The **Horses For Heroes** Program has been partially funded by donations from generous individuals, service groups and grants. We operate on a "pay as you are able" basis, and contributions of time, talent or 'treasure' are always gratefully received.



**Boo McDaniel**, M.Ed. in Organization and Management, founder of Horse Power and Executive Director since 1989, is both a NARHA and CHA Master Instructor. Boo also founded and has operated Pony Farm, a for-profit riding program and accredited summer camp for over 35 years. She is the owner and Director of The Lodge at Pony Farm, a conference facility. Boo is a Certified Camp Director and was named the American Riding Instructor Certification Program's Instructor of the Year in 1997. She was also honored as 2003 New Hampshire Horse Person Of The Year and received the 2004 NARHA Founders Award and the 2006 EFMHA Founders Award

**Contact Isabella (Boo) McDaniel**

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- ✉ email: boomcdaniel@ponyfarm.com
- 🌐 Visit our websites at:
  - [www.horse-power.org](http://www.horse-power.org)
  - [www.ponyfarm.com](http://www.ponyfarm.com)
  - [www.thelodgeatponyfarm.org](http://www.thelodgeatponyfarm.org)

Please also visit North American Riding for the Handicapped Association at: [www.NARHA.org](http://www.NARHA.org)

Horse Power  
Therapeutic Horsemanship at Pony Farm  
13 Pony Farm Lane  
Temple, NH 03084



Horse Power

# Horse Power

is proud to present  
an All NEW Program

to provide support and services  
to American Military Veterans

# Horses For Heroes



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(603) 654-6308

# Horses For Heroes



In an effort to honor, thank and give back in some small measure to our military personnel and their families for their service and sacrifice, Horse Power wishes to open our farm and share the healing power of horses with American servicemen and women.

A tranquil farm setting amid the beauty of New Hampshire countryside provides a safe and welcoming environment to begin overcoming issues of stress, trauma or loss through the gentle bonds developed working with horses. Knowledgeable, certified staff and therapists provide compassionate, skilled support to help heal and facilitate re-entry into civilian, family and community life.

Come re-discover the beauty of nature, the gentle acceptance of horses, the power of friendship and the fun of riding with us!



## Program activities may include:

- \* Ride a Horse - English or Western Saddle or Bareback, in the Ring or Trail Ride - your choice!  
No experience needed.
- \* Learn to Drive a Horse and Carriage in the Indoor Arena or out down the country dirt roads
- \* Spend time with others who have shared similar experiences

## Physical and Cognitive Benefits of Therapeutic Riding

Improvement in:

- ◆ Balance
- ◆ Posture
- ◆ Muscle Tone
- ◆ Strength
- ◆ Stamina
- ◆ Stronger Core and Trunk
- ◆ Walking and Muscle Symmetry
  
- ◆ Sequencing
- ◆ Processing Instructions
- ◆ Attention Span
- ◆ Problem Solving

Enjoy a new hobby, or re-awaken the fun of riding you have experienced in the past, shared with new friends!

*Groups are forming now.  
Please call and let us know what  
your interests are so scheduling  
can be finalized.  
We hope you will join us!!*



I want to come to Horse Power for Horses For Heroes!!

2009

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Day Phone \_\_\_\_\_ Eve Phone \_\_\_\_\_

Email \_\_\_\_\_

I am interested in:  Riding  Driving  Both

Previous Riding or Horse Experience (none needed!)

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Please return to Horse Power, 13 Pony Farm Lane, Temple, NH 03084 -- Thank you!

